LIVE WELL LINK WELL PATHWAY

live well link well
THE SOCIAL PRESCRIBING COLLABORATION IN MID ESSEX

Urgent

Self refer to **ESDAAR**
(Early Supported Discharge Admissions Avoidance and Resettlement)
via 0300 1310 111
or Provide.ccc@nhs.net

- GP's can also refer
- Over 18s
- Admission avoidance
- Early discharge

Access via GP practice

GP PRACTICE

Any practice staff member can signpost

Live Well Link worker

What can Live Well Link workers do

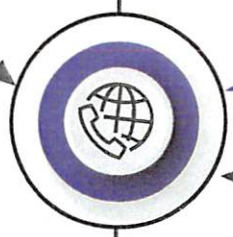
- Can attend practice/network multi-disciplinary team meeting
- Can be based at a GP practice for one session per week
- Can refer patients for non-medical needs via Single Point of Access
- Can undertake home visits for non-medical needs
- Can manage their own caseload

Self Care

Connect Well
Web: www.connectwellessex.org.uk
Online directory of community services

Self Refer

Single Point of Access
(SPA)



Contact details:
Email: livewell.linkwell@nhs.net
Phone: 0300 303 9988
(lines open: 8am-7pm, Monday-Friday)

- Referrals can be made by practice staff, Live Well Link Worker, social care and self referral.
- Caller logs the call onto SystmOne, triages and assigns the patient to a Live Well Link Worker who will case manage.

Any practice staff member can refer/signpost to Single Point of Access

48 hours (2 working days)

Services
Community and Volunteering Sector Support (for example IAPT, Community Agents, lifestyle support)

What can the Live Well Link workers offer?

- Offer support for adults over 18 and their carers
- Home visits for independent living support
- Support with lifestyle changes such as healthy eating, stop smoking, physical activity
- Support with social inclusion, getting out and about, and mobility,